**Project Launch**

**CS 562 - Software Project Management**

**Project Title :** Posture Guidance

**Description:**  
Maintaining correct posture which performing physical tasks like following an involved Yoga pose routine, doing Squats or Push-ups for the first time is a difficult task for beginners. When following through online videos we get an idea of what to do but lack feedback in terms of ‘but am I doing it right?’. The project idea comes from the thought, if you had a coach/master watching, how would they guide you.

A picture containing room, walking, standing, man

Description automatically generated

**Team Members:**

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- Satyajit Kamble

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**URL:** <https://github.com/DhruvJawalkar/CS-562-Project>